

Date: _____

Parent's Name: _____

Address: _____

City, State, Zip: _____

Home Phone: _____ Cell Phone: _____

Child's Name: _____

Date of Birth: _____

Day of the Class: _____

Cost of the Class: _____

INTRODUCTION TO HOCKEY



2017 Winter Session (8 WEEKS)

Fridays

Jan 6-Mar 3, 2017

Saturdays

Jan 7-Mar 4, 2017

Sundays

Jan 8-Mar 5, 2017

For More Information
Call Chris Cimoch At 708.403.4231 x138



Arctic Ice Arena
10700 West 160th Street
Orland Park, IL 60467

Class Schedule

Introduction To Hockey

Fridays 6:20pm

Jan 6th - Mar 3th

****NO CLASS 1/13****

Saturdays 11:40am

Jan 7th - Mar 4th

****NO CLASS 1/14****

Sundays 11:40am

Jan 8th - Mar 5th

****NO CLASS 1/15****

Description

Arctic Icemen "Introduction to Hockey"

This class will introduce the children to the "stick" skills of the game: stick handling, passing, and shooting, as well as refining the skills learned in Tot Hockey. The students advance through a series of levels until all have been mastered. Each student progresses at his/her own rate. Each Intro to Hockey class features 45 minutes of instruction, followed by a 15-minute mini-scrimmage.

Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.



Each class meets 60 minutes per week and the sessions last 4 weeks, the cost of the class is \$150.

For More Information
call Chris Cimoch at
708.403.4231 X138